



2022 Project Snapshot

The CFC Center depends on the active support and expertise of its advisory council to provide the below projects within the Center's three focus areas positively impacting children, families, and communities.

Substance Use
Disorder

Resilient communities
related to disaster
preparedness, response
& recovery

Children's mental
health

Southeast Rural Opioid Technical Assistance Regional Center

*(Substance Abuse & Mental Health
Services Administration Funded)*

ROTA-RC develops and disseminates training and technical assistance to address opioid and stimulant use affecting rural communities in the eight Southeastern states. ROTA-RC expands awareness of opioid and stimulant use, harm reduction, and options for treatment to improve the resiliency of rural communities.

- **Two webinars • Overdose Prevention Course • Stigma on Addiction Course**
- **Website: <https://serotarcnetwork.org/>**

CBITS

**Cognitive Behavioral Intervention for
Trauma in Schools** *(Clinical
Translational Science Awards Funded)*

A research project led by Dr. Tanya Renn, assistant professor at the FSU College of Social Work, providing a resilience-based intervention to adolescents (4th to 12th grade), collecting information from participating youth and caregivers on how stress affects families, and evaluating how the intervention can help youth manage stress.

Boys Town • Jefferson County • Gadsden County

Rebound & Recovery

A cognitive behavioral intervention comprised of professional certifications and curriculums that focuses on early childhood through adolescence. Children and teens learn about what their emotions are, how they are connected to their thoughts and actions, and how to regulate their emotions while understanding and reframing their thoughts.

**Learning Pavilion • Brevard County • Palm Beach Boys and Girls Clubs • Leon County Public Schools
Pinellas County's Early Learning Coalition • FSU Childcare Center • BAYS • Calhoun Public Libraries**

FSU Institute for Quality Children's Services

The newly established institute is housed within the CFC Center with Dr. Shamra Boel-Studt, FSU College of Social Work, serving as the institute's founding director. The institute's objective is to make scientifically supported strategies addressing urgent behavioral health needs accessible and implementable for service providers and child-serving systems and has current projects in Florida and Texas.

Vicarious Trauma & Wellbeing

A 4-hour hands-on training for helping professionals focused on vicarious trauma, the impact of it professionally and personally, and practical tools and coping strategies to use to promote wellbeing. Coping strategies include therapeutic journaling and all participants receive a Vicarious Trauma & Wellbeing Journal.

**Florida Institute for Child Welfare • Department of Children and Families • Legal Services of North Florida
• BAYS • OSCA • 9-8-8 Crisis Hotline**

FOR MORE INFO CONTACT ELLEN PIEKALKIEWICZ AT EPIEKALKIEWICZ@FSU.EDU

DIRECTOR, CENTER FOR THE STUDY AND PROMOTION OF COMMUNITIES, FAMILIES AND CHILDREN

2022 Project Snapshot

Initiative for the Advancement of Pediatric Transplant Health Research

This new partnership between FSU and the University of Florida (UF) seeks to better the outcomes for child transplant patients is housed within the CFC Center. Co-leading the initiative are Dr. Michael Killian, associate professor at the FSU College of Social Work, and Dr. Dipankar Gupta, associate professor at the UF Health Congenital Heart Center.

Disasters Research (National Science Foundation Funded)

Multiple grant-funded research projects related to disaster preparation, response, recovery, and resilience.

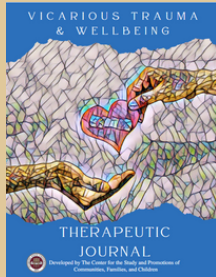
Public libraries as resilience hubs • Bridging the resilience divide in rural special needs populations • Surveying social workers & emergency managers

Substance Use Support in Family Systems

A training and support project to support the FSU Florida Institute for Child Welfare (FICW) to increase understanding and best practice with DCF-involved families who experience challenges involving substance use.

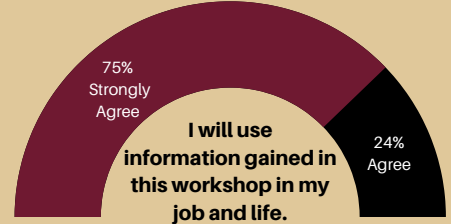
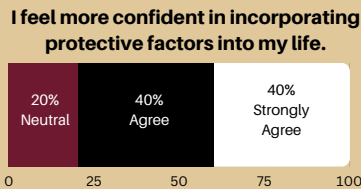
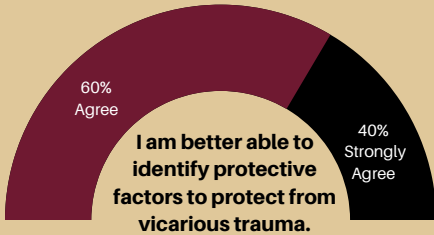
2022 Project Reach

Vicarious Trauma & Wellbeing



128 Helping professionals trained

“ This is just what I needed. It is the training I needed that I never knew I needed. ”



Substance Use Support in Family Systems

4 webinars on best practices within Child Welfare

- Parent Engagement and Motivation to Change
- Attending to Trauma During Child Welfare Removal
- Family Engagement in the Dependency System
- Partnering with Families to Seek Racial Justice in Child Welfare

591 Participants trained

224 Continuing education units awarded

Disasters Research

(NSF Funded)



Projects in **3 rural communities:**
Gadsden, Jackson, Calhoun

Interdisciplinary projects with colleges: **6**

- FSU College of Social Work
- FSU-FAMU College of Engineering
- FSU College of Social Sciences
- FSU College of Medicine
- FSU College of Communication & Information
- FSU College of Fine Arts

2022 Project Reach

Rebound & Recovery

328
educators trained
in the curriculum

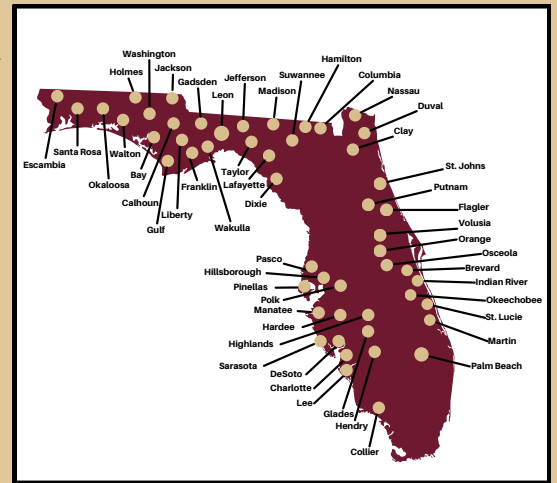


30
Master of Social
Work Field
Interns trained




4
research
studies

3,100
children have received the
curriculum



Southeast Rural Opioid Technical Assistance Regional Center

23  universities in the Southeastern Higher Education Rural Opioid Consortium assisting with outreach, education, and engagement



2 webinars training
306 individuals



31 trained in
Overdose Prevention

CBITS

Gadsden & Jefferson County: (CTSA Funded)

PHASE 1

Boys Town: (FICW Funded)

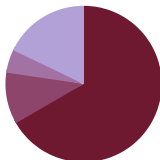
78 youth
participated in a
CBITS group

Average of a **6-point**
decrease in trauma
symptomology

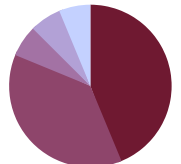
17 youth
participated in a
CBITS group

Average of a **4-point**
decrease in trauma
symptomology

66.7% black, 10.7% white, 4.8% multi-race,
17.9% some other race



41.2% white, 35.3% Black, 5.9% multi-
race, 5.9% American Indian or Alaskan
native, 5.9% some other race



1 staff member certified
as a CBITS trainer

“In every way shape and form, CBITS has helped me overcome depression. Dealing with depression isn’t easy. I’ve learned to talk about different ways to problem solve so that I know how to deal with depression a lot better than before.”

-Youth Participant